



# Oakdale

Residential Home for those with or without dementia



Services tailored to care for individual needs



# Oakdale

Oakdale is a small long term care home registered for those with or without dementia requiring a low/medium level of care assistance. Situated in the beautiful area of Thundersley and backing onto green belt land, in the county of Essex. Oakdale is the perfect location for a residential care home for older people. Located on the main A13, the home is situated close to the two shopping centres of Benfleet and Hadleigh attracting excellent local transport facilities.

Oakdale provides care for 27 older residents who may or may not have dementia related illnesses. There are 25 bedrooms of which 10 have en-suite facilities, with 2 double bedrooms suitable for couples or friends wishing to share. The accommodation is on two floors which are served by stairway and shaft lift to all levels. The home has 3 lounges, 2 of which open onto a conservatory housing a dining area with a bright airy ambience as well as a quiet lounge for residents to use as they desire.

Oakdale has many other facilities available for residents in the home including:

- A full laundry service
- Home cooked traditional cuisine
- Car park
- A very large attractive garden for residents to enjoy
- Mobile shop
- Secure garden





*"Welcoming and warm - a real home from home."*

Our dedicated Activities Co-ordinator provides group, one on one activities and entertainment for residents and they are actively encouraged to continue with hobbies or try new ones! For all residents we offer sensory awareness and stimulation exercises. A hairdresser visits once a week and the chiropodist visits every six weeks. Residents are able to keep their own GP (if they agree) or they can choose to change to a local GP.

Medical needs are also overviewed by District Nurses and the most up to date equipment is provided to promote good safe practice when handling and moving residents.

Our experienced and highly qualified Home Manager is supported by a team consisting of NVQ and non-NVQ trained Care Staff, a housekeeping team, a maintenance man, dedicated Chef and Cook.

Our staff are all trained in line with the national minimum standards and this is supplemented with additional training to promote best practice and encourage self development.

The care we offer is person centred with the uniqueness of individuals being recognised and promoted in a safe caring environment.

Visitors are welcome at any time and are always able to stay and enjoy a meal with the residents they are visiting.

If you would like to visit us, either call in or please contact the Home Manager who will be pleased to arrange an appointment.

Alternatively please email us on: [oakdale@1stchoicecarehomes.com](mailto:oakdale@1stchoicecarehomes.com)

*"Services tailored to care for individual needs."*

For further enquiries please call: 01702 553734



## Oakdale

For further information about this home please contact us on:

*T. 01702 553734*

*F. 01702 556836*

[oakdale@1stchoicecarehomes.com](mailto:oakdale@1stchoicecarehomes.com)

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Dual registered for residents with or without dementia.

[www.1stchoicecarehomes.com](http://www.1stchoicecarehomes.com)